

Grand Tetons Socks

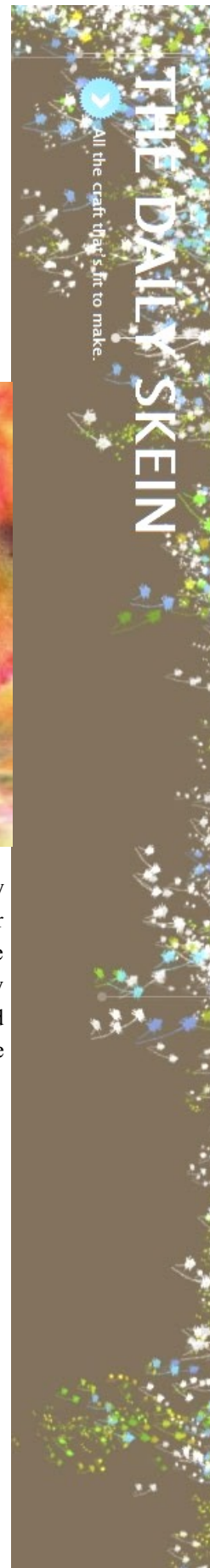
designed by Cailyn Meyer
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- **Finished Size:** Women's 9 (foot length 9.5")
- **Needles:** Two Size 0 (2 mm) circular needles
- **Yarn:** MC: KnitPicks Risata Marionberry (1 ball); CC: Lorna's Laces Shepherd Sock Baltic Sea (1 skein)
- **Yardage:** MC: 196 yards; CC: 45 yards
- **Extras:** Tapestry needle, stitch markers, scrap yarn or stitch holder
- **Gauge:** Stockinette Stitch: 8 sts x 11 rows= 1", Ripple Lace (1 repeat): 15 sts= 1 5/8"; 10 rows= 7/8"



These socks have a lace pattern on the foot and leg which has two rows of garter stitch in the main color to break up the contrasting

color. This pattern is great with hand-painted yarns as the contrasting color. Grand Tetons is essentially a toe up sock, but isn't knit in the round between the toe and heel. After completing the increases for the toe normally, the instep stitches are worked separately. Then the sole is knit while joining it to the instep at the same time. The heel is worked as a combination of a heel flap and a short row heel. Only a few rows are knit on the flap and then a section of short rows completes the heel. The slipped stitches from the flap are then picked up, just like a top-down sock. The small gusset is decreased in the round, then the stitch pattern resumes for the leg.



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Special Stitches

SSLK: Slip the last stitch knitwise, pick up the two loops of the next slipped stitch on the instep, slip the two loops *purlwise*, insert right needle into the front loops of the two loops and slipped stitch and knit all 3 together. (A modified Slip, Slip, Knit.)

SSLP: Slip the last stitch knitwise, pick up the two loops of the next slipped stitch on the instep, slip the two loops knitwise, return the two loops and slipped stitch to left needle, and purl all 3 together. (A modified Slip, Slip, Purl.)

W&T: Wrap and turn. *On knit row*, bring yarn forward between the needles, slip next stitch purlwise, bring yarn to back, slip the stitch back to the left needle and turn work. *On purl row*, bring yarn to the back, slip the next stitch purlwise, bring yarn to the front, slip the stitch back to the left needle, and turn work.

kf&b: Knit front and back. Knit into the front of the stitch, then into the back of the stitch.

Toe

Using **Judy's Magic Cast On**, CO 12 sts to each needle in MC. 24 sts

The starting needle (Needle 1) is the top/instep. The second needle (Needle 2) is the bottom/sole.

Round 1: Knit.

Round 2: K1, M1, knit to last st on Needle 1, M1, K1, K1, M1, knit to last st on Needle 2, M1, K1. 4 sts increased.

Repeat **Round 1 and 2** until there are 64 sts total, 32 sts on each needle.

Instep

Round 1: K16, M1, k16, knit 3 sts from Needle 2 to Needle 1, knit until 3 sts before the end of Needle 2, move last 3 sts to Needle 1. 39 sts on Needle 1. 26 sts on Needle 2.

Place sole sts on scrap yarn or stitch holder.

Instep Ripple Lace (chart on pg 3)

Row 1(MC): Sl 1, knit to end.

Row 2(MC): Sl 1, knit to end.

Row 3, 5, 7, 9(CC): Sl 1, (k2tog twice, *yo, k1* three times, yo, sl 1 k1 pssso twice, k1) three times.

Row 4, 6, 8, 10(CC): Sl 1, purl to end.

Work **Instep Ripple Lace** until instep measures 7" from tip of toe, approx 6 ½ repeats, ending on an even row (Row 6). You can either cut the MC yarn each row, or just twist the two yarns together on the WS before each RS row to carry the MC yarn upwards. Make sure that the last MC and CC slipped sts are snug, but don't pull them too tight.

When instep reaches 7" from toe, place instep sts on scrap yarn or stitch holder and return sole sts to needle.

Sole

Row 1 (RS): With the left needle, pick up the two loops of the first slipped stitch on the instep and move them (correctly mounted) to the right hand needle. Knit the two picked up loops together with the first stitch on the needle. Knit to 1 st before the end of the needle, SSKK (see *special stitches*.)

Row 2 (WS): Sl 1, purl to last st, SSLP

Row 3: Sl 1, knit to last st, SSKK

Repeat **Rows 2 and 3** until all slipped sts have been used, ending after a RS row (do not use sts on the stitch holder or scrap yarn.)

Mini Heel Flap and Short Rows

Mini Heel Flap

Row 1: Sl 1, purl to the end.

Row 2: Sl 1, knit to the end.

Repeat **Rows 1 and 2** four more times (a total of 10 rows.)

Short Rows

Sl 1, purl to last st, W&T.

Knit to last st, W&T.

Purl to 1 st before end, W&T.

Knit to 1 st before end, W&T.

Purl to 2 sts before end, W&T.

Knit to 2 sts before end, W&T.

Continue working 1 fewer stitch each row until there are 10 sts between the wraps, ending after a knit row. Purl to the first wrap. Pick up the wrap with and leave on right needle. Purl the wrapped stitch and pass the picked up wrap over, as in a pssso. Wrap the next stitch again, turn.

Knit to the first knit wrap, pick up the wrap and leave on right needle. Knit the wrapped stitch and pass the picked up wrap over, as in a pssso. Wrap the next stitch again, turn.

Purl to the first purl wrap. Pick up the two wraps and leave on right needle. Purl wrapped stitch and pass wraps over, as in a pssso. Wrap the next stitch again, turn.



Knit to the next knit wrap. Pick up the two wraps and leave on right needle. Knit wrapped stitch and pass the two wraps over, as in a pssso. Wrap the next stitch again, turn. Continue working wraps until all sts have been worked, ending on a RS row.

Pick Up Stitches

Pick up and knit through the back loops 5 sts along the heel flap, one in each slipped stitch on the edge. Pick up and knit through the back loop 1 stitch in the corner. Place marker. Return instep stitches to needle. Knit 19, k2tog, knit to end of instep.

Place marker, pick up and knit through the back loops 1 stitch in the corner and 5 sts along the flap. K 13. Place marker for beginning of round (center of the heel.) *38 sts on sole.*

Row 1: Knit to 3 stitches before the first marker, k2tog, k1. Knit to the second marker, k1, ssk, knit to the end of the round. *2 sts decreased.*

Row 2: Knit.

Repeat Rows 1 and 2 until 66 sts remain. *(I had intended to do some 1x1 ribbing here during the decreases, just for fun, but I forgot by the time I got to this point. I still think it would look nice, though.)*

Next Row: K1, k2tog, k3, k2tog, k3, k2tog, k1, knit across instep, k1, ssk, k3, ssk, k3, ssk, k1. *60 sts.*

Leg

Join CC and work *Leg Ripple Lace* until desired length. Shown 2 ½ repeats, starting on Row 7.

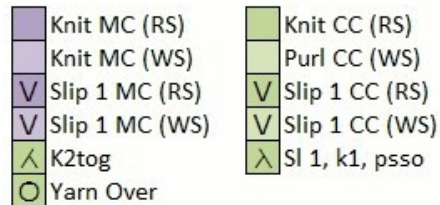
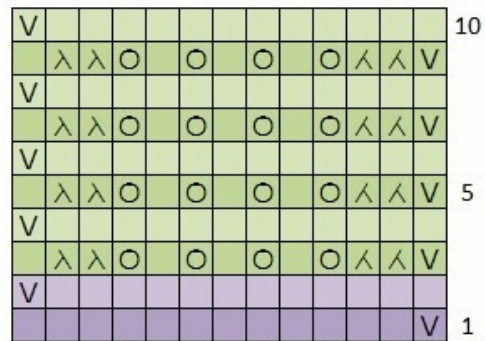
Leg Ripple Lace (chart on pg 3)

Row 1(MC): Knit

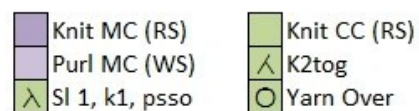
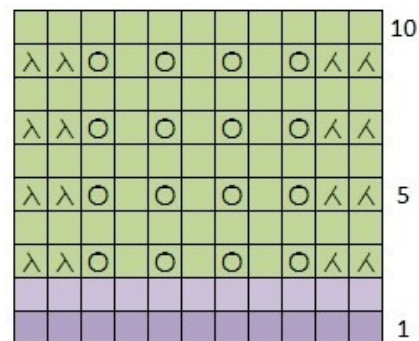
Row 2(MC): Purl

Row 3, 5, 7, 9(CC): [k2tog twice, *yo, k1* three times, yo, sl 1 k1 pssso twice, k1] around.

Row 4, 6, 8, 10(CC): Knit



Instep Ripple Lace Chart



Leg Ripple Lace Chart

Ripple Bind Off

In MC, knit 1 round.

Next Row: K5, in next stitch kf&b twice, kf (5 sts increased), *Knit 11, in next stitch kf&b twice kf*4 times, k6. *85 sts.*

Bind off loosely knitwise. Block lightly if desired.

Please Note: I post my patterns as soon as I've completed them because I'm excited to share them with you. They have not been fully tested. But they are free. I've made every effort to make sure that the instructions are clear and error-free. There may be typos or pattern mistakes and if you find them or have any questions, **please** let me know by posting a comment at dailyskein.wordpress.com or email me, dailyskein@gmail.com.



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