

# Arthurian Anklets

designed by Cailyn Meyer  
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- **Finished Size:** Women's Size 8 1/2-9, foot length 9 1/2"
- **Needles:** 2 size 0 (2mm) circulars (or DPNs), 2 size 2 (2.75mm) circulars (or DPNs)
- **Yarn:** Louet Gems Pearl, MC: French Blue (1 skein), CC1: Ginger (1 skein), CC2: Champagne (1 skein), CC3: Caribou (1 skein), CC4 (optional): Neptune (1 skein)
- **Yardage:** MC: 170 yards, CC1: 25 yards, CC2: 30 yards, CC3: 25 yards, CC4 (optional) 3 yards
- **Extras:** Stitch markers (at least 2), tapestry needle
- **Gauge:** 9 sts x 12 rows = 1" in stockinette, 9.5 sts x 11 rows = 1" in Leg Chart

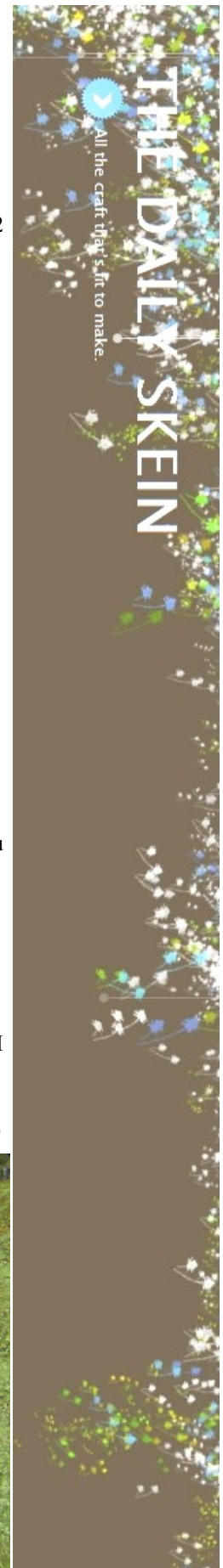
These are made using the principles in Cat Bordhi's book, [New Pathways for Sock Knitters](#). For those that haven't found this great book, Cat realized that as long as you increase 2 stitches every 3 rows, it doesn't matter where those increases are. I've put the increases so that they look like the typical top-down heel flap gusset, but the socks are knit toe up with no heel flap. Crazy, huh? The socks end up with a slightly longer gusset section, but it fits really well. If you've got [New Pathways](#), feel free to insert your own Master Numbers into the pattern.

The increases used are lifted increases, instead of the normal M1s. You can, of course, use M1s if you prefer. The part that really deviates from normal is the heel turn/"flap." You'll be knitting short rows for the bottom of the heel, but instead of working each row gobbling up one wrapped stitch to turn the heel, all the wrapped right-side stitches are worked right after one another in one row, then you turn and purl all the wrong-side wraps on one row. This ends up looking a lot like a standard top-down heel turn. Then, you'll essentially be knitting more short rows, in that you won't be knitting in the round yet. The "heel flap" is knit back and forth, but instead of wrapping stitches, you'll ssk and p2tog to join the "flap" to the sides. This also gets rid of all the stitches increased during the gusset section. There's some moving around of stitches, but it's not too bad.

This pattern is written for 2 circular needles. If you prefer DPNs, just split Needle 1 and 2 in half, so that you have a quarter of the stitches on each needle. When knitting a two-circ pattern with DPNs, I think of my DPNs as Needle 1a, 1b, and Needle 2a, 2b instead of 1, 2, 3, and 4.

The sock pattern uses 5 colors, but the light blue in the center of the leg color work is optional. If you've got stash to bust, great. If not, the Ginger or the French Blue look great in that spot, or just keep using Caribou. Fewer ends to weave in that way! The top is one of my favorite parts, I think it looks like a crown; after the color work, a vikkel braid (from [Folk Knitting in Estonia](#)) is worked and then the sock is bound off using Elizabeth Zimmerman's Sewn Bind Off. The edge flares out from the leg just slightly, which I wasn't sure about at first, but has *really* grown on me.

Oh, and you're not imagining things, the two socks in the pictures are slightly different... I tried putting some 1x1 ribbing on one to see how it changed the fit, but I didn't feel like ripping it back out again when I realized it did nothing. Live and learn.



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## Special Stitches

**LRinc** (Lifted Right Increase): Pick up the right side of the stitch *below* the next stitch on the left needle and place it on the left needle. Knit into the front of this new loop. Knit the next st as normal.

**LLinc** (Lifted Left Increase): Pick up the left side of the second stitch below the last stitch on the right needle and place it on the left needle. Knit in to the back of this new loop. Knit the next st as normal.

**W&T** (Wrap and Turn): *RS*: Bring yarn forward between needles. Slip the next stitch knitwise. Return yarn to back of work. Slip wrapped stitch back to left needle. Turn work. *WS*: Move yarn between needles to the back of the work. Slip the next stitch. Return yarn to front of work. Slip wrapped stitch back to left needle. Turn work.

**CW** (Conceal Wrap): *RS*: From the front, pick up wrap from underneath and move it up and over the stitch it wrapped onto the left needle (the wrap should be on the left of the stitch it wrapped). Knit stitch and wrap together through the back loops. *WS*: From the front, pick up wrap from underneath and move it up and over the stitch it wrapped onto the left needle (the wrap should be on the left of the stitch it wrapped). Purl stitch and wrap together.

**Vikkel Braid**: M1 and place stitch just made on left needle. \*Knit the second stitch on the left needle through the back loop then knit the first stitch as normal and drop both stitches off the left needle. Return the stitch just made to the left needle.\* Repeat from \* to \* to the end of the round. Pass the last stitch over the first stitch of the round to return to the original stitch count.

## Toe

Using Judy's Magic Cast On, CO 12 sts in **MC (French Blue)** to each circular needle. *24 sts*.

The starting needle is Needle 1 which will be the instep needle. The second needle is Needle 2 which will be the sole needle.

**Rnd 1**: Knit

**Rnd 2**: K1, LRinc, knit to last st on Needle 1, LLinc, K2, LRinc, knit to last st on Needle 2, LLinc, k1. *4 sts increased*.

**Repeat Rnd 1 and 2** until there are 72 sts total (36 sts on each needle) ending on a Rnd 2.

## Foot

Knit 4 rounds in **MC (French Blue)**.

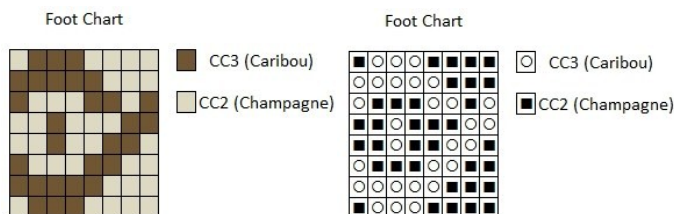
Knit 2 rounds in **CC1 (Ginger)**.

Knit 1 round in **CC2 (Champagne)**.

**Change to Size 2 needles.**

Work **Foot Chart** across all stitches (repeat chart 9 times.)

*The charts below are the same. Use whichever chart works best for you.*



**Change to Size 0 needles.**

Knit 1 round in **CC2 (Champagne)**.

Knit 2 rounds in **CC1 (Ginger)**.

Knit 3 rounds in **MC (French Blue)**.

## Gusset Increases

**Round 1**: LRinc, place marker (PM), knit to the end of the needle, PM, LLinc, knit to the end of the round. *2 sts increased*.

**Round 2 and 3**: Knit.

**Round 4**: Knit to marker, LRinc, slip marker (SM), knit to second marker, SM, LLinc, knit to the end of the round. *2 sts increased*.

**Repeat Rnds 2-4**, until 10 sts have been increased (13 rows), ending after **Rnd 4**.

Join **CC1 (Ginger)** and work **Rnds 2-3**. Carry **MC (French Blue)** upwards by twisting the yarns at the beginning of the round.

Work **Rnds 4 and 2-3** in **MC (French Blue)**. Carry **CC1 (Ginger)** upwards by twisting the yarns at the beginning of the round.

Work **Rnds 4 and 2** in **CC1 (Ginger)**. Cut **CC1 (Ginger)**. Continue working **Rnds 2-4** in **MC (French Blue)**, starting with **Rnd 3** until there are 100 sts total, ending after **Rnd 4**.

## Heel

**Set up**: \*K2, LRinc\* 6 times, k2, knit to second marker, \*k2, LLinc\* 6 times, k2, knit to 2 sts before the end of the round, w&t. *12 sts increased*.

There should be 76 sts on Needle 1 and 36 sts on Needle 2.

## Short Rows for Heel

The short rows are worked back and forth on the sole needle (Needle 2).

**Row 1 (WS)**: Purl to 2 sts before the end of Needle 2, w&t.

**Row 2 (RS)**: Knit to 1 st before last RS wrap, w&t.

**Row 3 (WS)**: Purl to 1 st before last WS wrap, w&t.



**Repeat Rows 2-3** until 12 sts have been wrapped on each side, ending after a WS row. 10 sts remain unwrapped in the center.

### Turn Heel

**Row 1:** Knit to first wrapped st. Conceal Wrap (CW) 11 times, until last wrapped st. Pick up the last wrap as normal, then (treating wrap and its stitch as one st) ssk with the last st on the left needle.

**Row 2:** Sl 1, purl to the first wrapped stitch. CW 11 times, until last wrapped st. Pick up the last wrap as normal, then (treating wrap and its stitch as one st) p2tog with the last st on the left needle.

### Heel Back

**Set up step:** Move the 20 sts before the first marker from Needle 1 to the left side of Needle 2. Remove marker and replace marker between the sole sts and the moved sts. 55 sts on Needle 2.

**Row 1:** \*Sl 1, k1\* to 1 st before the marker, remove marker, ssk, turn. *1 st decreased.*

**Set up step:** Move the 20 sts after the second marker from Needle 1 to Needle 2. Remove marker and replace marker between the sole sts and the moved sts. 74 sts on Needle 2.

**Row 2:** Sl 1, purl to 1 st before the marker, remove marker, p2tog, turn. *1 st decreased.*

**Row 3:** \*Sl 1, k1\* to 1 st before the gap, ssk, turn. *1 st decreased.*

**Row 4:** Sl 1, purl to 1 st before the gap, p2tog, turn. *1 st decreased.*

**Repeat Row 3-4** until 2 sts remain on either side of the gaps.

### Leg

Knitting in the round resumes on the first round.

**Round 1:** \*Sl 1, k1\* to 1 st before the gap, ssk, k1, knit to the end of Needle 1, k1, k2tog, knit to the end of the sole. *2 sts decreased.*

Knit 4 rounds even.

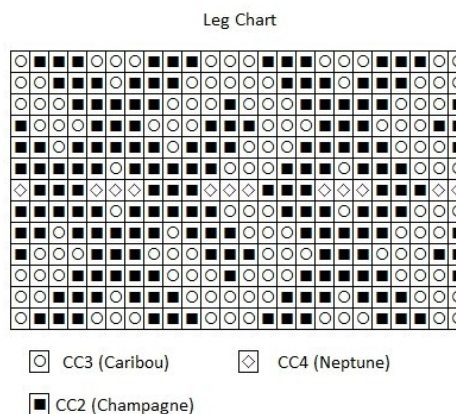
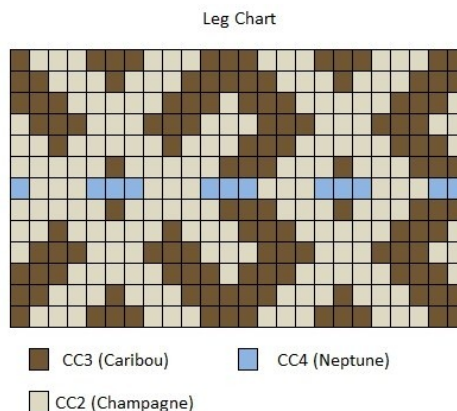
Knit 1 round in **CC1 (Ginger)**. Cut **MC (French Blue)**.

Purl 1 round.

Knit 2 rounds in **CC2 (Champagne)**.

**Change to Size 2 needles.**

Work **Leg Chart** across all stitches.



**Change to Size 0 needles.**

Knit 2 rounds in **CC2 (Champagne)**.

Knit 1 round in **CC1 (Ginger)**.

Work **Vikkel Braid** over all sts.

Bind off using Elizabeth Zimmerman's Sewn Bind Off.

*Please Note:* I post my patterns as soon as I've completed them because I'm excited to share them with you. They have not been fully tested. But they are free. I've made every effort to make sure that the instructions are clear and error-free. There may be typos or pattern mistakes and if you find them or have any questions, **please** let me know by posting a comment at [dailyskein.wordpress.com](http://dailyskein.wordpress.com) or email me, [dailyskein@gmail.com](mailto:dailyskein@gmail.com).



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